

The College of Health & Fitness

National Provider Number: 30798

***Essential for a
Career in the
Health and
Fitness Industry***

Tel: (07) 3385 0195 Fax: (07) 3886 4441

Email:

enquiries@thecollegeofhealthandfitness.qld.edu.au

P.O. Box 86 North Lakes Qld 4509

The Evergreen Centre

Unit 11, 12 Discovery Drive North Lakes 4509

www.thecollegeofhealthandfitness.qld.edu.au

The College of Health and Fitness is situated in The Evergreen Centre at North Lakes. It is a family owned and run business where personalised service ensures that your training is well and truly above the minimum industry standard. This is highlighted by the fact that the majority of our graduates find work in their chosen fields before the conclusion of their course.

The College of Health and Fitness ensures that the course you are enrolled in is suitable for your chosen career path and that you experience a range of training environments with "real" clients. Whether you choose to study in a classroom, through flexible delivery, correspondence or via our unique one on one personalised courses you will be guided and supported by our team of experienced industry professionals.

The staff at The College of Health and Fitness have many years of experience in their chosen fields and have supported clients with general fitness goals, injury rehabilitation and even to win Olympic gold medals. We pride ourselves on being able to deliver award winning enjoyable courses, at affordable prices.

The Awards and Achievements of The College of Health and Fitness and its owner Tony Attridge include:

- 1994 ACPHER Sport Science Research Award
- 1994- Consultation with gold medal winning State, National, International, Paralympic and Olympic athletes across a range of sports
- 1996- Trained athletes at every Olympic Games since 1996
- 2003 Contributed to The Complete Soccer Player interactive CD ROM published by GSM and endorsed by Football Australia
- 2006-2008 Finalist for the Griffith University Sessional Academic Staff of the Year
- 2007 Nominee for Qld Fitness Professional of the Year
- 2007 Co-authored the Essential Guide to Fitness for the Personal Trainer published by Pearson Education
- 2007 Trained the Australian Vocational Student of the Year Award prize winner Ellen Winn
- 2008 Nominee for the Griffith University Sessional Academic Staff of the Year
- 2008 Winner of the ACPHER QLD Corporate Award
- 2009 2 Australian Vocational Student of the Year Award prize winners
- 2010 Queensland Training Awards Nominee
- 2010 Trained North Queensland School Based Trainee of the Year

2011	Queensland Training Awards Nominee
2011	Co-authored the Essential Guide to Fitness for the Personal Trainer published by Pearson Education (2nd Edition)
2013	Strength and Conditioning Coach Level 3
2014	Right Way Trainer and Assessor and Industry Advisor Accreditation

Tony has over 20 years of adult education experience teaching Health and Fitness subjects at Universities in Brisbane as well as various private Registered Training Organisations. In addition, he has over 25 years of practical experience with the health and fitness industry.

Courses

SIS30313 Certificate III in Fitness

Gym Instructor

SIS40210 Certificate IV in Fitness

Personal Trainer

Older Adults Trainer

Childrens Trainer

SIS50213 Diploma of Fitness

Additional Courses

BSB30112 Certificate III in Business

BSB40212 Certificate IV in Business

SIS20313 Certificate II in Sport and Recreation

Group Exercise Instructor

Aqua Instructor

Aqua Trainer

Professional Development Courses*

Business Development

Marketing the Business

HLTAID003 Provide First Aid

HLTAID001 Provide Cardiopulmonary Resuscitation

*Ask us about our other professional development programmes

SIS30313

Certificate III in Fitness

The Certificate III in Fitness course is designed to equip you with the knowledge and skills to perform the duties of a gym, group or aqua aerobics instructor.

The Certificate III course provides you with an extensive knowledge of exercise principles enabling you to fully understand the effect of exercise on the body and therefore to write and adapt fitness programs to suit the specific needs of individuals, groups or teams. You will be able to adapt programs to suit various environments as well as provide technical advice on equipment and exercise techniques.

The College of Health & Fitness provides you with “hands on” practical training in a fully equipped gym and/or pool for specific units of this course.



Gym Instructor

This specialisation provides you with the knowledge to confidently use the principles and variables of fitness that underpin planning and programming for a range of fitness outcomes.

You will learn how to develop a basic fitness plan for clients after assessing client goals, fitness levels, injuries or illnesses. You will be able to write and instruct a range of basic programs for a variety of clients, supervise resistance training and carry out equipment supervision and general maintenance. You will be trained to motivate clients, monitor progress of a client and adjust programs as required.

Group Exercise Instructor

The Group Exercise Instructor specialisation allows you to plan and instruct a group exercise class such as an aerobics or circuit class.

It gives you the knowledge and skills to prepare a class to suitable music using various equipment and techniques. It also provides you with the knowledge to assess clients' performance and vary intensity and impact as required. You will learn to develop various visual and verbal cuing techniques as well as correct exercise techniques and safety procedures. You will learn motivational skills, establishing a client rapport and general teaching strategies.

Aqua Instructor

This specialisation gives you the knowledge and skills needed to plan, choreograph and instruct water based fitness classes in a water environment such as an indoor pool, outdoor pool, salt water pool or enclosed open water. It allows you to conduct classes using various pieces of equipment, music and techniques.

It gives you the knowledge to design classes to suit individual or specific group needs, including pregnancy, strength and conditioning, older population, deep water running, children, obesity etc. It provides you with the information to analyse and improve the effectiveness of water based fitness class and observe clients' performance and rectify technique, intensity and safety.



SIS30313 Certificate III in Fitness

Units of Competency

- SISFFIT301A Provide fitness orientation and health screening
- SISFFIT302A Provide quality service in the fitness industry
- SISFFIT303A Develop and apply an awareness of specific populations to exercise delivery
- SISFFIT304A Instruct and monitor fitness programs
- SISFFIT305A Apply anatomy and physiology principles in a fitness context
- SISFFIT306A Provide healthy eating information to clients in accordance with recommended guidelines
- SISFFIT307A Undertake client health assessment
- SISFFIT308A Plan and deliver gym programs
- SISFFIT309A Plan and deliver group exercise sessions
- SISFFIT310A Plan and deliver water based fitness activities
- SISFFIT311A Deliver approved community fitness programs
- SISFFIT312A Plan and deliver an endurance training program
- SISXFAC207 Maintain sport, fitness and recreation equipment for activities
- SISXIND101A Work effectively in sport and recreation environments
- SISXOHS101A Follow occupational health and safety policies
- SISXRSK301A Undertake risk analysis of activities
- HLTAID003 Provide First Aid



SIS40210

Certificate IV in Fitness

The Certificate IV in Fitness course is designed to compliment and further the knowledge and skills you gained during the Certificate III in Fitness and can only be commenced after successful completion of the Certificate III Course.

The Certificate IV course will enable you to operate within a broad range of varied contexts that may be complex and non-routine. It will supply you with the knowledge and skills to operate a business within the fitness industry. You will gain knowledge on providing supervision and guidance to others in the application and planning of fitness training and activities, and learn basic work place training.

After completing the Certificate IV in Fitness you will be qualified to obtain employment as a Personal Trainer and/or to work with older adults or special populations, including pregnant women, rehabilitation clients and people with disabilities.

As in the Certificate III Course, The College of Health & Fitness provides “hands on” practical training in a fully equipped fitness facility, pool and various other facilities that may be used as exercise locations.



Personal Trainer

This course gives you the knowledge and skills to work as a personal trainer. After the completion of this course you will be able to operate your own personal training business.

This course will provide you with the ability to plan for a range of fitness outcomes using both traditional and innovative equipment. You will be able to advise clients on patterns of healthy eating and conduct postural assessments.

In addition you will be able to instruct both individual and group personal training clients in a wide range of environments as well as implement effective motivational and business strategies to ensure that your business is a success.

Older Adults Trainer

This specialisation covers the requirements to assess, plan and conduct fitness programs for older adults. It builds upon the knowledge gained from the older adult's instructor specialisation. Some of the topics covered during this course are motivational strategies, music and location suitability, assessment strategies, gentle exercise programs, marketing and promotion.

Completion of this specialisation provides you with the ability to provide fitness programs to older adults across a range of scenarios and fitness abilities. You will have the skills enabling you to train older adults who are at a mild to moderate risk level. It will provide you with the skills and strategies to successfully incorporate this client group into your personal training business.

Children's Trainer

The children's trainer specialisation provides you with the knowledge to be able to plan, write and implement innovative programs for children and young adolescents.

This specialisation ensures that you are able to program across a range of training locations for children who are at a low to moderate risk level.

The training provides you with extensive exposure to a range of theoretical and practical scenarios enabling you to be able to effectively market and implement both one on one and group training sessions for children.

Aqua Trainer

The aim of the aqua trainer specialisation is to expand upon the knowledge gained throughout your Certificate IV course by applying these principles in an aquatic environment. It allows you to conduct classes and individual sessions with low to moderate risk clients.

This course also enhances the knowledge gained from the aqua instructor specialisation, to ensure that your aqua training capabilities are enhanced allowing you to work with clients at moderate risk. These clients may include rehabilitation clients, as well as those with mobility impairments.

SIS40210 Certificate IV in Fitness

Entry Requirements

Entry to this qualification is open to those who hold a current first aid qualification and current CPR certificate and who have achieved the following units of competency:

- SISFFIT301A Provide fitness orientation and health screening
- SISFFIT302A Provide quality service in the fitness industry
- SISFFIT303A Develop and apply an awareness of specific populations to exercise delivery
- SISFFIT304A Instruct and monitor fitness programs
- SISFFIT305A Apply anatomy and physiology principles in a fitness context
- SISFFIT306A Provide healthy eating information to clients

in accordance with recommended guidelines

- SISFFIT307A Undertake client health assessment
- SISXOHS101A Follow occupational health and safety policies
- SISXRSK301A Undertake risk analysis of activities
- SISFFIT311A Deliver approved community fitness programs
- SISFFIT312A Plan and deliver an endurance training program
- SISFFIT308A Plan and deliver gym programs

SIS40210 Certificate IV in Fitness Units of Competency

- BSBSMB401A Establish legal and risk management requirements of small business
- BSBSMB403A Market the small business
- BSBSMB404A Undertake small business planning
- SISFFIT415A Work collaboratively with medical and allied health professionals
- SISFFIT416A Apply motivational psychology to provide guidance on exercise behaviour and change to meet health and fitness goals
- SISFFIT417A Undertake long term exercise programming
- SISFFIT418A Undertake appraisals of functional movement
- SISFFIT419A Apply exercise science principles to planning exercise
- SISFFIT420A Plan and deliver exercise programs to support desired body composition outcomes
- SISFFIT421A Plan and deliver personal training
- SISSSTC301A Instruct strength and conditioning techniques
- SISSSTC402A Develop strength and conditioning programs
- CHCIC301D Interact effectively with children

- SISFFIT313A Plan and deliver exercise to apparently healthy children and adolescents
- SISFFIT314A Plan and deliver exercise to older clients with managed conditions
- SISFFIT311A Deliver approved community fitness programs
- SISFFIT312A Plan and deliver an endurance training program
- SISFFIT308A Plan and deliver gym programs

Additional Units (Additional Fees Apply)

Aqua Trainer

- SISCAQU202A Perform basic water rescues
- SISCAQU307A Perform advanced water rescues
- SISFFIT422A Implement inclusive aquatic activities for specific population groups

SIS50213

Diploma of Fitness

This qualification provides the skills and knowledge required for you to be competent in a range of activities and functions within the fitness industry. Particularly, working collaboratively with medical and allied health professionals in a broad range of settings, including fitness facilities, aquatic facilities, community facilities and in open spaces.

With this qualification you will be able to provide exercise training to individual clients with specific needs, on a one-on-one or group basis. Your clients may include older persons and children with chronic conditions.

In addition, the Diploma will give you the skills to collaborate effectively with allied health professionals and in consultation, implement, evaluate and modify exercise prescription for clients with specific conditions, including for example, those with metabolic, musculoskeletal or cardiorespiratory conditions.

Diploma graduates (Specialised exercise trainers), have the ability to monitor client progress and, in collaboration with medical or allied health professionals, utilise an evidence-based approach to deliver solutions by applying knowledge of physiology and anatomy and the pathology of specific medical conditions.



SIS50213 Diploma of Fitness

Entry Requirements

This qualification is designed for those existing fitness professionals with considerable experience in exercise delivery. Entry to this qualification is open to those who have achieved the following units of competency and can demonstrate significant vocational experience in the fitness industry:

- SISFFIT415A Work collaboratively with medical and allied health professionals
- SISFFIT416A Apply motivational psychology to provide guidance on exercise behaviour and change to meet health and fitness goals
- SISFFIT417A Undertake long term exercise programming
- SISFFIT418A Undertake appraisals of functional movement
- SISFFIT419A Apply exercise science principles to planning exercise
- SISFFIT420A Plan and deliver exercise programs to support desired body composition outcomes
- SISFFIT421A Plan and deliver personal training

BSBSMB401A Establish legal and risk management requirements of small business

While the nature and duration of the individual's vocational experience may vary according to the fitness business activity undertaken, evidence of the programming and delivery of a diverse range of fitness services to clients is required.

SIS50213 Diploma of Fitness

Units of Competency

- HLTAID006 Provide Advanced First Aid
- SISFFIT523A Deliver prescribed exercise to clients with cardiorespiratory conditions
- SISFFIT524A Deliver prescribed exercise to clients with metabolic conditions
- SISFFIT525A Advise on injury prevention and management
- SISFFIT526A Deliver prescribed exercise to clients with musculoskeletal conditions
- SISFFIT527A Undertake health promotion activities to decrease risk factors and prevent chronic disease
- SISFFIT528A Apply research findings to exercise management strategies
- SISXCCS404A Address client needs
- SISIND405A Conduct projects
- SISFFIT313A Plan and deliver exercise for apparently healthy children and adolescents
- SISFFIT314A Plan and deliver exercise to older clients with managed conditions
- SISSTC301A Instruct strength and conditioning techniques

SISSSTC402A Develop strength and conditioning programs

BSB30112

Certificate III in Business

This qualification reflects the role of individuals who apply a broad range of competencies in a varied work context using some discretion, judgement and relevant theoretical knowledge. They may provide technical advice and support to a team.

Job roles

Job roles and titles vary across different industry sectors. Possible job titles relevant to this qualification include:

- Customer Service Adviser
- Data Entry Operator
- General Clerk
- Payroll Officer
- Typist
- Word Processing Operator

BSB30112 Certificate III in Business

Units of Competency

BSBWHS302A Apply knowledge of WHS legislation in the workplace

BSBITU304A Produce spreadsheets

BSBFIA302A Process payroll

BSBITU307A Develop keyboarding speed and accuracy

BSBITU309A Produce desktop published documents

BSBCUS301B Deliver and monitor a service to customers

BSBADM307B Organise schedules

BSBITU305A Conduct online transactions

BSBITU306A Design and produce business documents

BSBPRO301A Recommend products and services

BSBWOR301B Organise personal work priorities and development

BSBWRT301A Write simple documents



BSB40212

Certificate IV in Business

This qualification reflects the role of individuals who use well-developed skills and a broad knowledge base in a wide variety of contexts. They apply solutions to a defined range of unpredictable problems, and analyse and evaluate information from a variety of sources. They may provide leadership and guidance to others with some limited responsibility for the output of others.

Job roles

- Administrator
- Project Officer

Examples of indicative job roles for candidates seeking entry based upon their vocational experience include:

- Accounts Clerk
- Clerk
- Legal Receptionist
- Office Administration Assistant
- Word Processing Operator
- Customer Service Advisor
- E-business Practitioner
- Medical Receptionist
- Student Services Officer



BSB40212 Certificate IV in Business

Units of Competency

- BSBCUS402A Address customer needs
- BSBMKG413A Promote products and services
- BSBMKG414B Undertake marketing activities
- BSBWHS401A Implement and monitor WHS policies, procedures and programs to meet legislative requirements
- BSBCUS401B Coordinate implementation of customer service strategies

BSBCUS403B Implement customer service standards

BSBADM405B Organise meetings

BSBLED401A Develop teams and individuals

BSBRELE401A Establish networks

BSBSUS301A Implement and monitor environmentally, sustainable work practices

SIS20313

Cert II in Sport & Recreation

The College of Health and Fitness also offers the Certificate II in Sport and Recreation which provides the skills relevant to gaining employment in the sport and recreation industry.

At the completion of the course you will be able to organise and complete daily work activities; provide first aid; deal with client feedback; and have developed knowledge of the sport and recreation industry. You will also have developed an understanding of defined Occupational Health and Safety policies and procedures. In addition you will be able to complete one of the following areas of specialisation: General Administration or Retail. You will have a choice of electives including: Assist in preparing sport and recreation sessions for participants; Assist in conducting sport and recreation sessions for participants; Provide equipment for activities; Communicate in the workplace; Sell products/services to patrons. This course is a great introduction back to study or as a stepping stone to further courses.

Job roles

The following are indicative job roles for this qualification:

- Administration Assistant
- Community Activities Assistant
- Recreation Assistant
- Retail Assistant



SIS20313 Certificate II in Sport & Recreation

Units of Competency

BSBWOR202A	Organise and complete daily work activities
HLTAID003	Provide First Aid
SISXEMR201A	Respond to emergency situations
SISXIND211	Develop and update sport, fitness and recreation industry knowledge
SISXWHS101	Follow work health and safety policies
ICAICT102A	Operate word processing applications
ICAU1130B	Operate spreadsheet applications
ICAICT210A	Operate database applications
IICAICT106A	Operate presentation packages
ICAICT203A	Operate application software packages
ICPMM263C	Access and use the Internet

HLTAID003 Provide First Aid

Provide First Aid course covers a broad range of topics to enable participants to confidently manage emergency situations, providing care for the ill or injured until medical aid arrives. It is suitable for both people in workplaces and members of the public who want training in first aid.

Most workplaces require a specific number of people to successfully complete this qualification. The qualification remains current for three years, during which time a refresher course must be completed.

HLTAID001 Provide Cardiopulmonary Resuscitation

This course provides the skills to recognise and then manage a casualty who is unconscious and is not breathing. Provide Cardiopulmonary Resuscitation is a life saving technique which can sustain life until an ambulance arrives. A Provide Cardiopulmonary Resuscitation refresher program must be undertaken every 12 months.

Continuing Education Credits / Professional Development Points

The College of Health and Fitness conducts numerous CEC/PDP approved professional development courses throughout the year. Courses are available face to face as well as by correspondence and include various fitness specialisations, business skills and new and emerging training products.

One of the best options for acquiring your CEC/PDP credits is to complete additional modules from various other courses so not only are you gaining your CEC/PDP points but you are also building your knowledge towards another qualification.

You can contact us to help you devise an upgrade CEC/PDP training plan that suits your requirements and areas of interest.

Traineeships

The College of Health and Fitness is able to offer User Choice supported and Fee for Service traineeship programs. The benefit of undertaking a traineeship is that you are able to get paid and work in the fitness industry as you learn. There are also significant benefits for a host employer to employ a trainee. To find out if you are eligible for a traineeship or you wish to employ a trainee please contact The College of Health and Fitness directly to discuss this exciting and mutually rewarding possibility.

Funding provided by the Department of Education, Training under the User-Choice program.

Course Fees

	Class	Flexible
Cert III in Fitness (includes Gym Instructor & Provide First Aid)	\$2500	\$2000 ****see NB
Cert IV in Fitness (includes Personal Trainer, Older Adults, Childrens Trainer)	\$3600	\$2500
Both Certificate III and IV in Fitness courses	\$5000	\$4000
Diploma of Fitness	\$4000	\$3000
Cert III in Business	\$1500	\$1200
Cert IV in Business	\$1800	\$1400
Cert III & IV in Business	\$2500	\$2000
Provide First Aid	\$100	

Provide Cardiopulmonary Resuscitation	\$50
Recognition of Prior Learning	\$660
Gym, Group, Aqua, Personal Trainer, Older Adults, Children (per module)	\$490

NB: **Provide First Aid not covered in flexible course cost**

The above prices include all of your workbooks, additional tutorials if required and unlimited phone, e-mail on-line and one on one support. There are significant discounts if you enrol in more than one course. Please contact The College of Health and Fitness directly to discuss these prices and to tailor a training plan specific to your needs. The College of Health and Fitness also conducts exclusive one on one courses providing you with the personal attention to achieve your dreams.

Please contact us directly to discuss this option and the costs involved.

Recognition of Prior Learning/ Recognition of Current Competence

Recognition of prior learning/Recognition of current competence (RPL/RCC) assessment is available to all clients. This is an option available to all students who have acquired knowledge or undertaken previous relevant learning which can be recognised against the course(s) you have inquired about or enrolled in.

The College of Health and Fitness will recognise the AQF qualifications and Statements of Attainment issued by other RTO's. Clients wishing to be assessed through RPL or RCC can discuss the process and evidence requirements with College staff.

Please contact The College of Health and Fitness to find out more about this option.

Payment options

The College of Health and Fitness is able to offer the following payment options.

Pay in full

Courses valued over \$1000 and paid in full at time of enrolment are eligible for a discount. Please contact The College directly to find out the discounted rate.

Payment Plan

The College of Health and Fitness also offer various payment plans which start with an initial deposit of \$450 and monthly payment as personally arranged with the Director. These payments start from as little as \$130 per month and fall due on the first day of each month unless specific alternative arrangements have been made with the Director of The College.

AUSTUDY Approved

The College of Health and Fitness is AUSTUDY approved for all of its courses. To determine if you are eligible please visit the following website:

<http://www.centrelink.gov.au/internet/internet.nsf/payments/austudy.htm>

Late Payments

Students who are behind in their payments will be charged interest on the balance of their account at 12.5%. The College of Health and Fitness will pursue legal action against students who default on two or more payments without sufficient explanation.

The College of Health and Fitness reserves the right to withhold all Statements of Attainment and Certificates until all fees have been paid in full.

The College of Health and Fitness also reserves its right to vary fees, curriculum and dates of courses without notice and liability.

Codes of Practice

Workplace Health and Safety

The College of Health and Fitness has a responsibility to provide a safe and healthy environment for all course participants and instructors/lecturers. Course participants have the responsibility of not putting themselves at risk of injury or illness by ensuring activities are undertaken in a safe manner, following all instructions given by The College of Health and Fitness staff and by reporting all workplace health and safety issues as soon as possible.

Recognition of Current Competencies and Recognition of Prior Learning

The College of Health and Fitness offers both recognition of current competencies and prior learning. This process enables students who have previous experience or qualifications in the industry to apply for credit of competencies/skills.

The College of Health and Fitness recognises and accepts qualifications and statements of attainment issued by registered training organisations across any Australian State/ Territory. Overseas applicants will need to provide a detailed resume as well as a certified copy of their academic transcripts, certificates or statements. Contact details for the overseas training organisation must also be provided. If these materials are written in a language other than English they must be professionally transcribed prior to lodgement.

The College of Health and Fitness is also able to offer recognition of current competencies where documentation has been misplaced or is out dated and the applicant is currently working in the fitness industry.

Further information and costs involved in applying for these recognition options is available by contacting The College of Health and Fitness.

Enrolment

Your enrolment form together with your payment/deposit should be posted to:

Enrolment Processing Officer
The College Of Health and Fitness
P.O. Box 86
North Lakes 4509

All enrolments must be accompanied by a **minimum payment** of a \$450 deposit. Full payment for modules or courses is to be received by the College no later than 3 working days prior to commencement.

Full payment of course/module needs to be received before **correspondence courses** can be completed unless prior arrangements have been made.

Confirmation of your enrolment should be received within 5 working days of receipt of your payment/deposit. Please contact The College of Health and Fitness immediately if this has not been received within the specified time.

A **full refund*** will be given if courses are cancelled by The College of Health and Fitness or if a course participant gives notice in writing that they will not be commencing their chosen course at least 2 days prior to scheduled course commencement.

No refunds will be given on courses that have commenced or if workbooks have been issued.

Congratulations on making the choice to enrol with The College of Health and Fitness. We assure you every effort will be made to ensure your complete satisfaction of the quality of this learning experience.

**Less administration costs*



Enrolment Form

Please print clearly and fill in all fields where applicable.

1. Personal Details

Title Mr Mrs Miss Ms Dr Other
Gender Male Female

First Name _____

Family Name _____

Date of Birth ____/____/____ (DD / MM / YYYY)

Country of Birth _____

Town/City of Birth _____

Languages Spoken _____

Address _____

Contact _____

Home Number _____

Work Number _____

Mobile Number _____

Email Address _____

Name of Next of Kin _____

Relationship _____

Phone Number _____

Enrolment Form

Please print clearly and fill in all fields where applicable.

2. Student Profile

Education:

Last Year of High School _____

Year Level Completed _____

Name of School _____

Employment/Experiences (paid and voluntary):

Company _____

Duration _____

Position Duties _____

Company _____

Duration _____

Position Duties _____

Medical/Disabilities:

Do you consider yourself to have learning disadvantages, special needs, disability, impairment or long term condition?

Yes

No

If Yes, please indicate the areas of learning disadvantages, special needs disability, impairment or long term condition:

Enrolment Form

Please print clearly and fill in all fields where applicable

3. Course Selection Details

Course:

- Certificate III in Fitness
- Certificate IV in Fitness
- Diploma in Fitness
- Certificate IV in Business
- Certificate III in Business
- Provide First Aid
- Provide Cardiopulmonary Resuscitation
- Certificate II in Sport and Recreation
- Professional Development

Course name: _____

State Date: _____

Study Mode:

- Classroom
- Correspondence

Enrolment Form

Please print clearly and fill in all fields where applicable

4. Enrolment Declaration

I, _____

hereby declare that:

a. The information provided on this form is correct and complete. The Policies and Procedures have been made available to me and I have read, understood and accepted these conditions of my enrolment.

b. I/We consent to The College of Health and Fitness providing relevant information to the Department of Education and Training, in order to facilitate the recording of results and the issuing of relevant certification.

c. I/We consent to completing any relevant separate paperwork required by relevant external organisations, realising that they too may require separate consent forms to be signed.

d. I/We consent to The College of Health and Fitness showing copies of any VET completed assessment tasks to DET should DET undertake an external audit of the VET course. We understand that student work is required in order to satisfy DET that all assessment is of the correct, industry standard.

e. I understand that The College of Health and Fitness are the registered training providers who will assess and issue qualifications upon successful completion.

Students Signature _____

Date _____

If under 18 years of age at time of enrolment, signature of parent or guardian is required.

Name of
Parent/Guardian _____


Signature _____

Date _____

Congratulations on making the choice to enrol with The College of Health and Fitness. We assure you every effort will be made to ensure your complete satisfaction with the quality of this learning experience.

OFFICE USE ONLY:

P.R. E DB E QB WB

A decorative graphic on the right side of the page, featuring a large, stylized smile. The smile is composed of a thick, dark grey curved line for the mouth, with a light blue oval above it representing the upper lip and a yellow oval to the right representing the lower lip. The background behind the smile is a light blue gradient.



The College of Health & Fitness

National Provider Number: 30798

Advantages of Studying at The College of Health & Fitness:

- **Smaller Classes (max 20)**
- **Nationally Recognised Training**
 - **Lecturers with extensive industry experience**
 - **No Hidden Charges**
- **Australian Quality Training Framework Compliant**
- **Tailor made courses available for organisations**
- **Correspondence courses available at reduced rates**
- **Quoted prices include all workbooks**
- **Friendly, experienced staff**